



VIDA HEALTH COMMUNICATIONS, INC. 6 Bigelow Street, Cambridge, MA 02139
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straight from the heart



STORIES OF MOTHERS RECOVERING FROM ADDICTION

An intimate video portrait of six mothers from different backgrounds in various stages of recovery from substance abuse. Their circle of stories – affectionate, open and moving – are combined with documentary footage to create a persuasive and inspiring visual tool.

Use it to give healthcare providers, social workers and students a concise but comprehensive look at the cycle of addiction as it affects women and their children.

Topics covered in this program include:

- Personal histories of women with substance abuse problems
- What it's like to hit bottom
- Ambivalence about treatment overcoming denial
- The impact of substance abuse on children
- How to ask for help
- Treatment options – the rewards of getting and staying clean
- Relapse prevention

Straight from the Heart is ideal for showing to those who work in prenatal, postpartum and even early childhood settings. It offers professionals in practice and in training important insights to the realities of maternal addiction and the process of recovery.

This program was produced in partnership with the Association of Women's Health, Obstetric and Neonatal Nurses (AWHONN).

Publishers Note

Though originally produced in 1991, the women and stories portrayed in this program remain highly relevant to today's healthcare challenges. This is a truly compelling program.

AWARDS

American Journal of Nursing
 APHA Video Festival Selection

PROGRAM DETAILS

Released 1991
 English, 1 VHS
 Classroom license \$99

HOW TO ORDER

This program is available for free 30-day preview. Simply select the preview option when placing your web order. Your credit card will not be charged unless you keep the program beyond the preview period. Purchase orders may be faxed to 617-864-7862 and must include all product information, including price, with the words **"for 30-day preview"** clearly indicated. Preview orders are shipped free-of-charge by UPS ground.

“I have never seen or used a more effective video. I show it every day on the post-partum floors and every day women ask me for treatment referrals. No question, Straight From the Heart really reaches out to the women who need it most.”

Pat Lieber, Perinatal Social Worker, Boston City Hospital

About Vida Health Communications

Since 1985, Vida Health Communications has been working to improve the health of women, children and families through the production and distribution of evidence-based educational media for clinical, patient and lay audiences. Working in partnership with federal health agencies, researchers and leading medical professional groups, Vida translates complex research into practical, media-based training using DVD, CD-ROM, Internet and linear video technologies. For more information please visit our website.